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Kashmir as a Nexus of Knowledge: Intellectual Intersections and Syncretism in Hindu and Buddhist Thought

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Abstract

This paper explores the rich intellectual heritage of Kashmir during its Hindu and Buddhist periods, accentuating the region's standing as a center of learning and cultural exchange in South and Central Asia. Nestled amidst the towering Himalayas, Kashmir was more than a geographical crossroads; it served as a dynamic pivot where philosophical ideas, religious texts, and scholarly traditions from India, Central Asia, and even East Asia intersected. During the early centuries of the Common Era, Buddhist scholarly activity under the Kushan Empire – including the notable Fourth Buddhist Council – laid the groundwork for a tradition of rigorous doctrinal inquiry. Later, Hindu institutions, particularly the Sharada Peeth, became focal points for Sanskrit learning, Shaiva philosophy, and literary innovation. Eminent scholars such as Nagarjuna, Vasubandhu, Abhinavagupta, and Anandavardhana emerged from this intellectual climate, contributing to Buddhist Madhyamaka and Yogacara thought as well as the sophisticated metaphysics and aesthetics of Kashmir Shaivism. The present research work scrutinizes the interplay between Hindu and Buddhist intellectual traditions, highlighting their mutual influence and syncretism. Drawing on historical records, archaeological findings, and textual analysis, the paper seeks to reframe Kashmir as a central contributor to South Asian intellectual history, rather than a peripheral region, demonstrating its lasting impact on philosophical and religious discourses across Asia.

Key words: Intellectual Heritage, Hindu-Buddhist Interaction, Madhyamaka, Yogacara, Cultural Exchange, South Asian Philosophical Traditions and Religious Syncretism.

Introduction

Kashmir, historically known as "Sharada Desha" or the Land of Sharada, named after the goddess of learning, holds a distinguished place in the spiritual and intellectual history of South Asia. Beyond its breathtaking natural beauty, the region occupied a strategic position along trade and cultural routes linking the Indian subcontinent with Central Asia and China. Over centuries, this geographical advantage allowed Kashmir to evolve into a center of religious scholarship, philosophical inquiry, and literary creativity, attracting scholars and pilgrims from across Asia (Dani 45).

Between the early centuries CE and the medieval period, Kashmir witnessed a remarkable convergence of religious and philosophical traditions. Early Vedic practices gave way to Puranic Hinduism, the growth of Shaivism—particularly the non-dualist Trika system known as Kashmir Shaivism—and the flourishing of Mahayana and later Vajrayana Buddhism. These traditions were not isolated; rather, they engaged in a complex dialogue, interacting in monasteries, temples, and academic institutions that served as arenas for intellectual debate, commentary, and synthesis.

Kashmir also functioned as both a recipient and disseminator of knowledge. The region absorbed philosophical and religious influences from the Indian heartland, Central Asia, and Tibet while exporting its own indigenous traditions outward. Buddhist scholars like Nagarjuna and Vasubandhu shaped doctrinal and metaphysical developments far beyond Kashmir's borders, while Hindu philosophers such as Abhinavagupta influenced Indian and Tibetan metaphysics and aesthetics. Institutions like Sharada Peeth not only provided spiritual guidance but also nurtured rigorous scholarly pursuits, attracting intellectuals from across Asia (Dhaky 52; Raina 33).

This paper examines the twin intellectual legacies of Hinduism and Buddhism in Kashmir, analyzing their historical development, interaction, and broader regional impact. It argues that Kashmir's intellectual history is best understood not as a series of isolated traditions but as an ongoing dialogue between complementary and competing philosophies. By exploring this dialogue, the study seeks to emphasize Kashmir's central role in shaping the intellectual and spiritual contours of South and Central Asia.

Historical Background

The region of Kashmir, nestled in the northwestern Himalayas, has long been recognized as both a geographical and cultural crossroads. Its unique topography, with lush valleys, snow-capped mountains, and river systems, provided natural protection and fertile land, allowing human settlements to flourish from ancient times. More importantly, Kashmir's strategic location connected the Indian subcontinent to Central Asia and beyond, serving as a vital corridor for traders, pilgrims, and scholars. These connections facilitated not only economic exchanges but also intellectual and spiritual interactions, making Kashmir a hub for the circulation of ideas and cultural practices (Singh 212).

Historically, the intellectual prominence of Kashmir can be traced to the early centuries of the Common Era. During this period, the valley was ruled by influential dynasties such as the Karkotas (c. 625–855 CE) and later the Utpala dynasty (c. 855–1003 CE). Both dynasties were notable patrons of the arts, literature, and religion, fostering an environment conducive to philosophical inquiry, religious debates, and literary production (Dani 48). The Karkotas, in particular, sponsored the construction of temples, monasteries, and educational centers, encouraging the flourishing of Buddhist and Hindu scholarship alike. This state sponsorship of learning helped position Kashmir as a recognized intellectual center in South Asia.

During the early centuries CE, the Kushan Empire, under the reign of Emperor Kanishka, played a pivotal role in promoting Buddhist scholarship in Kashmir. Kanishka's patronage is historically linked with the convening of the Fourth Buddhist Council, a major event aimed at codifying and

systematizing Buddhist doctrine (Chatterjee 79). Monks and scholars from across the Buddhist world – including India, Central Asia, and the regions of modern Afghanistan and China – gathered in Kashmir to participate in debates, textual standardization, and the dissemination of philosophical thought. This event not only strengthened Buddhist institutions in the region but also positioned Kashmir as a recognized hub of Buddhist intellectual activity, influencing doctrinal developments far beyond its borders.

Parallel to the Buddhist intellectual revival, Kashmir also became a flourishing center for Hindu thought and practice. The establishment of the Sharada Peeth, dedicated to the goddess Sharada (Saraswati), illustrates the region's commitment to Sanskrit scholarship, religious philosophy, and the preservation of classical texts. Functioning as both a temple and a university, Sharada Peeth attracted scholars from across South Asia who engaged in the study of the Vedas, Puranas, and Tantras. The Peeth played a significant role in preserving the Sharada script, which was widely used for writing Sanskrit and the early Kashmiri language (Dhaky 55). By combining religious devotion with rigorous scholarship, institutions like Sharada Peeth helped cultivate an intellectual climate in which philosophy, theology, literature, and ritual coexisted and thrived.

Kashmir's intellectual vibrancy was not confined within its geographical borders. The region's scholars and texts had far-reaching impacts, particularly in the transmission of Buddhist and Hindu philosophies. Buddhist ideas from Kashmir significantly influenced Tibetan Buddhism, while the metaphysical frameworks of Kashmir Shaivism inspired philosophical inquiry in other parts of India and beyond (Raina 40). Trade and pilgrimage routes facilitated these exchanges, enabling the circulation of manuscripts, commentaries, and ideas across South and Central Asia. This historical pattern underscores Kashmir's role as a dynamic conduit for intellectual and spiritual exchanges rather than a peripheral outpost.

Moreover, the intellectual climate of Kashmir was characterized by diversity and pluralism. The coexistence of Buddhist and Hindu institutions, the state sponsorship of scholarly activities, and the engagement of thinkers from various schools of thought fostered a culture in which debate, dialogue, and synthesis were central to scholarly life. Monasteries, temples, and royal courts became spaces for rigorous discussion, the writing of commentaries, and the refinement of philosophical systems. This pluralistic environment helped Kashmir emerge as a vital intellectual crucible during the early and medieval periods, shaping the trajectory of religious and philosophical thought across Asia (Baruah 102).

In light of this historical context, Kashmir can be understood not merely as a beautiful and strategically located region, but as a thriving intellectual hub. Its combination of geographical advantages, dynastic support, scholarly institutions, and cross-cultural connections provided fertile ground for the development of both Buddhist and Hindu philosophical traditions. The following sections will explore these twin legacies in greater detail, beginning with the Buddhist intellectual renaissance and moving on to the Hindu philosophical traditions and their interaction.

The Buddhist Intellectual Renaissance

Kashmir's contribution to Buddhist thought and scholarship during the early centuries of the Common Era was both profound and far-reaching. The region emerged as a critical center for the development of Buddhist philosophy, textual preservation, and monastic learning. Its location along trade and cultural routes connecting India, Central Asia, and East Asia facilitated the exchange of ideas, allowing Buddhist doctrines to evolve and spread across Asia (Singh 215).

The Fourth Buddhist Council

One of the defining events in the history of Buddhism in Kashmir was the convening of the Fourth Buddhist Council, traditionally attributed to Emperor Kanishka of the Kushan dynasty, who

ruled during the first or second century CE. This council represented a monumental effort to codify Buddhist teachings, standardize texts, and address doctrinal disputes that had emerged over the centuries (Chatterjee 79).

The council attracted eminent monks and scholars from across the Buddhist world, including regions of India, Central Asia, and modern-day Afghanistan and China. Its objectives were multifaceted: to recite, revise, and systematize the Buddhist canon, to clarify interpretations of sutras, and to develop consistent practices for monastic communities. Notably, this council facilitated the compilation of Mahayana sutras, which elaborated on the philosophical underpinnings of compassion (*karuṇā*), wisdom (*prajñā*), and the bodhisattva path. Additionally, Vajrayana texts emphasizing esoteric rituals, meditative practices, and symbolic iconography were consolidated during this period, underscoring Kashmir's role as a hub of both philosophical and ritual innovation (Baruah 98).

By convening such an influential assembly, Kashmir established itself as a central node in the Buddhist intellectual network of Asia. The council not only strengthened local monastic institutions but also positioned Kashmiri scholarship as authoritative, influencing Buddhist communities in Tibet, China, and Central Asia. The event's historical significance cannot be overstated, as it marked the crystallization of doctrinal frameworks that would shape Buddhist philosophy for centuries (Dani 52).

Philosophical Contributions and Eminent Scholars

Kashmir produced several of the most influential Buddhist thinkers, whose works continue to resonate across the Buddhist world. Among these, Nagarjuna is widely regarded as the founder of the *Madhyamaka* (Middle Way) school of Mahayana Buddhism. His seminal work, *Mulamadhyamakakarika* (Fundamental Verses on the Middle Way), explores the concept of emptiness (*śūnyatā*) and dependent origination (*pratītyasamutpāda*), challenging essentialist metaphysical notions and advocating a balanced understanding between extremes of nihilism and eternalism (Chatterjee 85). Nagarjuna's philosophy emphasized the fluidity of phenomena, arguing that all things are interdependent and devoid of inherent self-nature, a principle that deeply influenced Mahayana and Vajrayana thought across Asia.

Another towering figure, Vasubandhu, made remarkable contributions to the *Yogacara* (Consciousness-Only) school. His treatise, *Abhidharmakosha*, systematically organized Buddhist psychology, ethics, and philosophy, providing a comprehensive framework that bridged scholarly inquiry with meditative practice. Vasubandhu's writings explored the nature of perception, cognition, and mental constructs, significantly shaping Buddhist epistemology and logic. His works were later transmitted to Tibet, China, and Southeast Asia, demonstrating the far-reaching influence of Kashmiri scholarship (Raina 44).

Other notable scholars, such as Asanga and Dignaga, advanced Buddhist philosophy in unique ways. Asanga emphasized the practice of compassion and the path of the bodhisattva, integrating philosophical discourse with ethical and spiritual dimensions. Dignaga, on the other hand, pioneered formal logic and epistemology within Buddhism, developing sophisticated methods for analyzing perception and inference. Collectively, these scholars enriched the philosophical, ethical, and metaphysical landscape of Buddhism, situating Kashmir as an indispensable center of intellectual development (Baruah 105).

Monastic Institutions and Centers of Learning

Buddhist monasteries in Kashmir were more than mere places of worship; they were vibrant centers of intellectual activity. Monasteries such as Parihaspura, Sombhava, and Vikramashila (though partially in Bengal, connected through scholarly networks) functioned as universities where philosophy, logic, medicine, astronomy, and arts flourished. These institutions attracted students,

scholars, and pilgrims from across Asia, facilitating vibrant dialogues on doctrine, practice, and textual interpretation (Dani 60).

Within these monastic universities, activities included manuscript copying, composition of commentaries, debates, and meditative training. Scholars engaged rigorously with both Indian and foreign philosophical traditions, translating texts from Sanskrit into local dialects or Tibetan, thereby ensuring knowledge transmission across regions. The monastic curriculum emphasized not only mastery of canonical texts but also the development of reasoning, ethical discernment, and contemplative skills, demonstrating the holistic approach to learning in Kashmiri Buddhist institutions (Baruah 108).

These monasteries also played a key role in cultural and artistic production. Manuscripts often included intricate illustrations, calligraphy, and iconography depicting Buddhist cosmology and rituals. By intertwining philosophy, ritual, and the arts, Kashmiri Buddhist centers created a rich intellectual and aesthetic environment that profoundly influenced both Hindu and Buddhist traditions in the region.

Kashmir's Influence Beyond Its Borders

The intellectual achievements of Kashmir's Buddhist scholars were not confined to the valley. Kashmiri teachings and texts spread widely to Tibet, influencing the formation of Tibetan Buddhist scholasticism. Additionally, Kashmiri logic, metaphysics, and meditative practices became integrated into the broader Mahayana and Vajrayana traditions. This diffusion highlights Kashmir's dual role as both a recipient and transmitter of knowledge—a characteristic that would later be mirrored in its Hindu intellectual traditions (Singh 220).

The Hindu Intellectual Tradition

Alongside its vibrant Buddhist heritage, Kashmir developed a profound and distinctive Hindu intellectual tradition that shaped metaphysics, aesthetics, ritual practices, and literary criticism across South Asia. This tradition was centered on the flourishing of Shaivism, particularly the non-dual Trika system, and was supported by an extensive network of temples, educational institutions, and scholars. The Hindu intellectual legacy of Kashmir reflects a deep engagement with philosophical inquiry, artistic innovation, and religious practice, producing a tradition that was both rigorous and spiritually vibrant (Raina 12).

Sharada Peeth: A Beacon of Learning

A central symbol of Kashmir's Hindu scholarly heritage is Sharada Peeth, located in the Neelum Valley, in present-day Pakistan-administered Kashmir. Established between the 6th and 12th centuries CE, Sharada Peeth was not only a temple dedicated to the goddess Sharada (Saraswati, the goddess of learning) but also a renowned seat of higher learning. It functioned as a university where students from across the subcontinent studied philosophy, Sanskrit grammar, logic, astronomy, medicine, and the arts (Dhaky 50).

Sharada Peeth played a pivotal role in the development and dissemination of the Sharada script, used primarily to write Sanskrit and Kashmiri. This script influenced literary and administrative practices in the region and helped standardize scholarly writing. The Peeth housed a vast library of manuscripts, many of which contained commentaries on the Vedas, Upanishads, Puranas, and Tantras. Scholars at Sharada Peeth were instrumental in preserving classical texts, facilitating their transmission across India and Central Asia, and mentoring generations of intellectuals (Pandit 34).

The institution also fostered cultural and artistic development. Manuscript copying, commentary writing, and poetic composition were central to the academic life of Sharada Peeth, illustrating the

integration of literary, philosophical, and religious pursuits. Its influence extended well beyond Kashmir, contributing to the intellectual vibrancy of neighboring regions.

Kashmir Shaivism and Philosophical Flourishing

Kashmir's Hindu intellectual scene was marked by the development of Kashmir Shaivism, a sophisticated non-dual philosophy also known as Trika Shaivism. This system posits that the individual self (atman) and the universal consciousness (Shiva) are not separate but inherently unified. The philosophy emphasizes that all of reality is a manifestation of the singular divine consciousness, exploring cosmology, consciousness, and liberation (moksha) in nuanced ways (Koul 72).

One of the most illustrious figures in Kashmir Shaivism was Abhinavagupta (950–1020 CE), whose works integrated theology, ritual, aesthetics, and metaphysics. His monumental treatise, *Tantraloka*, provides an exhaustive exposition of tantric Shaiva philosophy and practice, synthesizing ritual prescriptions with metaphysical insight. Abhinavagupta's commentaries on prior texts, such as the *Shivasutras* and works of earlier Shaiva philosophers, expanded the interpretive frameworks of Shaivism and reinforced Kashmir's position as a center of spiritual and intellectual authority (Koul 85).

Kashmir was also home to pioneering figures in Sanskrit poetics and literary criticism. Anandavardhana, for instance, authored the seminal work *Dhvanyaloka*, which articulates the theory of dhvani, or literary suggestion. This theory profoundly influenced Indian aesthetics, offering a framework to understand the emotive and suggestive power of poetry. Kashmir's scholars, therefore, not only contributed to religious philosophy but also to the arts and literature, producing a holistic intellectual culture that integrated philosophy, ritual, and aesthetic sensibilities (Raina 64).

Engagement with Other Hindu Philosophical Traditions

The intellectual environment of Kashmir was characterized by vibrant dialogue with broader Hindu philosophical traditions. Kashmir Shaivism engaged critically with Advaita Vedanta, Samkhya, Nyaya, and other schools, participating in debates over the nature of reality, consciousness, and liberation. Such debates encouraged conceptual refinement, fostering sophisticated metaphysical discourse. For example, the Shaiva emphasis on divine consciousness often intersected with Advaita Vedanta's concept of Brahman, creating spaces for comparative reflection, synthesis, and critique (Koul 90).

This engagement was not merely theoretical. Ritual practice, meditation, and artistic expression were deeply intertwined with philosophy. Tantric rituals, temple iconography, and poetic compositions became mediums through which philosophical ideas were embodied and communicated. The interconnection of intellectual, spiritual, and aesthetic pursuits illustrates the holistic character of Kashmir's Hindu tradition, where theory and practice reinforced one another.

Influence Beyond Kashmir

Kashmir's Hindu intellectual legacy extended far beyond the valley's borders. The philosophies, literary theories, and ritual practices developed in Kashmir influenced thinkers across India and into Tibet. Scholars such as Abhinavagupta and Anandavardhana were widely cited, and their works were incorporated into curricula in distant educational centers. Kashmir's approach to non-duality, aesthetics, and textual interpretation helped shape subsequent developments in Indian philosophy, literature, and religious practice (Raina 68).

By fostering rigorous philosophical inquiry alongside literary and artistic excellence, Kashmir became a model of intellectual and cultural integration. The Hindu tradition in Kashmir, therefore, was not static or insular; it actively participated in transregional intellectual networks, interacting with other religious and philosophical systems, including Buddhism, to produce a dynamic and enduring legacy.

Interplay Between Buddhist and Hindu Intellectuals

The intellectual landscape of Kashmir during the Hindu and Buddhist periods was characterized not by isolated traditions but by dynamic interaction, dialogue, and mutual influence. Rather than rigidly separating religious and philosophical systems, Kashmir became a vibrant arena where Hindu and Buddhist scholars engaged with each other through debate, textual study, and philosophical synthesis. This interplay enriched both traditions, producing intellectual innovations and contributing to a culture of pluralistic inquiry (Dani 45).

Dialogues and Philosophical Debates

Historical and textual evidence suggests that scholars from Buddhist and Hindu traditions frequently engaged in rigorous debates over fundamental questions of metaphysics, epistemology, ethics, and the nature of ultimate reality. Such debates were central to the intellectual life of Kashmir, as they encouraged critical reflection, refinement of arguments, and deeper conceptual clarity.

For instance, Nagarjuna's *Madhyamaka* philosophy, with its doctrine of emptiness (*śūnyatā*), challenged the essentialist notions of reality upheld by certain Hindu schools. *Madhyamaka* argued that all phenomena are empty of intrinsic existence and arise dependent on conditions, a view that contrasted with the Hindu emphasis on an unchanging ultimate reality (Brahman) as articulated in *Advaita Vedanta* and *Kashmir Shaivism*. In response, Brahmanical scholars formulated nuanced arguments defending the reality of Brahman and the metaphysical unity of consciousness, illustrating a dynamic intellectual engagement (Chatterjee 78).

Similarly, debates between Buddhist epistemologists such as Dignaga and Hindu logicians from the Nyaya school advanced theories of perception, inference, and logic. These exchanges encouraged the refinement of philosophical tools, fostering more rigorous methodologies for analyzing reality and knowledge. The debates were not purely confrontational; they often served as a collaborative exercise to sharpen reasoning and explore convergences between seemingly opposing worldviews (Baruah 102).

Mutual Influence and Syncretism

Beyond debate, Kashmir witnessed considerable cross-pollination of ideas between Buddhist and Hindu thinkers. Buddhist metaphysical concepts such as dependent origination and non-duality found resonance with Shaiva doctrines emphasizing the interconnectedness of all existence. Conversely, Hindu tantric practices, ritual frameworks, and meditative techniques influenced Vajrayana Buddhism, creating shared ritual and symbolic vocabularies.

Philosophers like Abhinavagupta exemplify this synthesis. Though a Shaiva thinker, his works display deep awareness of Buddhist logic, epistemology, and meditative techniques. In texts such as *Tantraloka* and *Paratrisika Vivarana*, Abhinavagupta incorporates insights from Buddhist thought, illustrating a porous boundary between traditions and a willingness to integrate ideas across philosophical lines (Koul 115). Such intellectual syncretism extended to aesthetics as well; the shared symbolic vocabulary and iconographic motifs in temples and monasteries reflect a mutual appreciation of ritual beauty and spiritual expression.

Institutional Interactions

Monastic and temple institutions in Kashmir often coexisted in close proximity, providing fertile ground for scholarly exchange. Buddhist monasteries served as centers for textual study, meditation, and debate, while Hindu temples, particularly Sharada Peeth, functioned as universities for philosophy, Sanskrit scholarship, and literary criticism. The physical closeness of these institutions facilitated interaction, including the sharing of manuscripts, commentaries, and oral teachings.

Students and scholars often moved between monasteries and temples, attending lectures and participating in debates across traditions. These interactions fostered a unique intellectual milieu,

where Hindu pandits and Buddhist monks influenced each other's methodologies, interpretive frameworks, and philosophical perspectives (Dani 52). The environment of dialogue and cooperation contributed to the flourishing of both traditions, reinforcing Kashmir's status as a hub of transregional intellectual exchange.

Cultural and Philosophical Outcomes

The interplay between Buddhist and Hindu intellectuals in Kashmir had profound cultural and philosophical outcomes. It encouraged the development of non-dual metaphysical frameworks, advanced literary and aesthetic theories, and shaped ritual practices that integrated symbolic elements from both traditions. Shared philosophies of consciousness, meditation, and liberation emerged, producing sophisticated discourses that transcended sectarian boundaries.

Furthermore, this culture of pluralism influenced regions beyond Kashmir. Tibetan Buddhism, for example, absorbed Kashmir's Madhyamaka and Yogacara scholarship, while Hindu thinkers across the subcontinent drew upon Kashmir Shaivism and Sanskrit poetics. The valley thus became a transmission hub, where philosophical, ritualistic, and literary innovations radiated outward, contributing to the broader South and Central Asian intellectual landscape (Stein 91).

Conclusion

In conclusion, the interplay between Buddhist and Hindu intellectuals in Kashmir reflects a rich tapestry of debate, synthesis, and mutual enrichment. Rather than rigidly separating philosophical systems, Kashmir nurtured an environment where ideas could be tested, refined, and shared. This engagement not only enhanced the sophistication of local scholarship but also produced legacies that shaped religious, philosophical, and cultural developments across Asia. Kashmir's model of pluralistic intellectual engagement demonstrates the value of dialogue and collaboration in fostering enduring philosophical and cultural achievements.

The intellectual history of Kashmir during the Hindu and Buddhist periods reveals a region far more than a mere geographic crossroads; it emerges as a vibrant crucible of philosophical thought, religious innovation, and cultural synthesis. The twin legacies of Buddhism and Hinduism in Kashmir demonstrate a rich interplay of ideas that transcended doctrinal boundaries and fostered mutual enrichment, illustrating that intellectual growth often thrives in environments of pluralism and dialogue (Dani 45).

In revisiting Kashmir's intellectual heritage, it becomes evident that the region should not be viewed as peripheral or isolated. Rather, it functioned as a central participant in the evolution of South Asian philosophical and religious thought, fostering innovations that continue to resonate in contemporary scholarship and practice. The enduring legacies of Kashmir's scholars, texts, and institutions underscore the value of dialogue, critical inquiry, and pluralistic engagement in the pursuit of intellectual and spiritual excellence (Pandit 88).

The twin intellectual legacies of Hinduism and Buddhism in Kashmir provide a compelling example of how diverse traditions can coexist, influence each other, and produce enduring contributions to human thought. By examining these interactions, this study highlights Kashmir's crucial role in shaping the philosophical, religious, and cultural contours of South and Central Asia, offering insights into the processes of knowledge creation, transmission, and synthesis in historical contexts (Raina 102). The rich intellectual fabric of Kashmir remains a testament to the transformative power of scholarly collaboration, debate, and openness to diverse perspectives.

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